

JIM ALDRED: Head Coach/Director of Player Development/Scout /



Over 20 years teaching experience

Power skating instructor

Expert in defensive and offensive zone game concepts team training

Successful and positive motivator and communicator with both players and management

Advanced systems coach

Bringing forth excellent bench management skills to the team

Proven record in assisting hockey players to the next level ie Division 1 in USA & Semi-Pro Leagues within Europe

BUFFALO SABRES: Draft Pick Round 3, 59th Overall Pick in the N.H.L.

Played for:

Kingston Canadians O.H.L.

Sault Ste. Marie Greyhounds O.H.L.

Rochester Americans A.H.L.

Toledo Gold Diggers I.H.L.

Nijmegen Spitman - Holland

Professional Coaching – Jim Aldred

Jim has over 20 years of teaching experience. He's a power skating instructor; an expert in defensive and offensive zone game concepts, team training. An advance systems coach bringing forth excellent bench management skills to the team. He's a successful and positive motivator and communicator with all players with a proven record in assisting hockey players to the next level ie Divison 1 in the USA & Semi-Pro Leagues in Europe. Along with being drafted by Buffalo Sabres (NHL) he played for Kingston Canadiens and Sault Ste. Marie Greyhounds in the O.H.L. for the Rochester Americans A.H.L. for the Toledo God Diggers in the I.H.L. and assisted the Nijmegen Spitman team in winning a championship in Holland.

Training will include but is not limited to:

- Training hockey players on ice and dry land
- Stretching and strength training at the gym
- Direct recording and broadcasting of home games on the Internet
- Agents who viewing our games
- University, College and professional league Scouts attending games
- Team Site dedicated for games and practices
- Special training needed in order to promote our players to all levels

Jim Aldred



Jim Aldred hockey
statistics and profile

Left Wing -- shoots L

Born Apr 28 1963 -- Toronto, ONT

[51 yrs. ago]

Height 6.02 -- Weight 185 [188 cm/84 kg]

Drafted by [Buffalo Sabres](#)

- round 3 [#59](#) overall [1981 NHL Entry Draft](#)

<u>Season</u>	<u>Team</u>	<u>Lge</u>	<u>Regular Season</u>					<u>Playoffs</u>				
			<u>GP</u>	<u>G</u>	<u>A</u>	<u>Pts</u>	<u>PIM</u>	<u>+/-</u>	<u>GP</u>	<u>G</u>	<u>A</u>	<u>Pts</u>
1979-80	Kingston Canadians	OHA	16	0	1	1	9					
1980-81	Kingston Canadians	OHL	67	20	28	48	140					
1981-82	Kingston Canadians	OHL	10	2	4	6	18	--	--	--	--	--
1981-82	Sault Ste. Marie Greyhounds	OHL	43	16	15	31	179	12	4	3	7	54
1982-83	Sault Ste. Marie Greyhounds	OHL	63	22	22	44	176	16	2	8	10	46
1983-84	Rochester Americans	AHL	64	10	9	19	57	11	2	0	2	33
1984-85	Flint Generals	IHL	28	5	3	8	10	--	--	--	--	--
1984-85	Toledo Goaldiggers	IHL	24	7	3	10	16	--	--	--	--	--
1984-85	Rochester Americans	AHL	2	0	0	0	0	--	--	--	--	--
1985-86	Rochester Americans	AHL	10	1	3	4	4	--	--	--	--	--
1985-86	Toledo Goaldiggers	IHL	51	9	17	26	110	--	--	--	--	--
1987-88	Nijmegen Tigers	Hlnd	41	40	48	88	0					

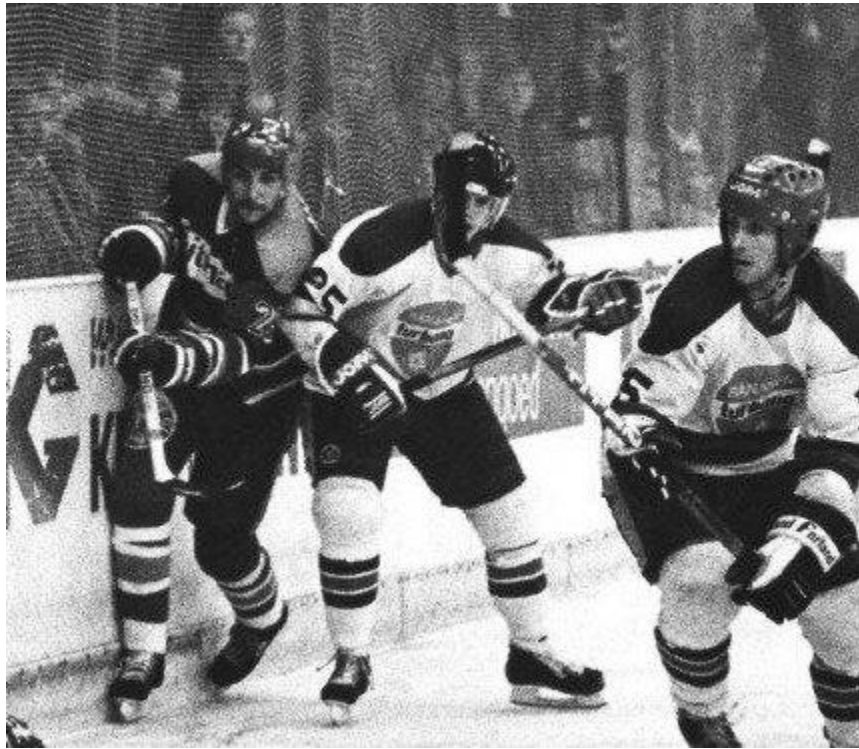


25 JIM ALDRED SCORES A GOAL!

1987/1988 Nijmegen Spitmen Elite Division in Netherlands/Holland ...Championship Year.



1987/1988 Nijmegen Spitmen Ellite Divison in Netherlands/Holland ...Championship Year.



1987/1988 Nijmegen Spitmen Elite Divison in Netherlands/Holland ...Championship Year.



Jim Aldred with **Rochester Americans 1983/1984** in the American Hockey League with:

Val James, Yvon Lambert, Joe Crozier, Phil Myre ...

REFERENCES:

My name is Stanislav Dzakhov. I am a member of the Niagara University Division 1 hockey team. I would like to take a chance and thank Jim Aldred for all the help and everything he has done for me to help me get to this point in my hockey career. I met Jim when I came to Canada to play for Shelburne Red Wings in the GMHL. Jim was the head coach of the Red Wings. Ever since my first practice with the team I knew that Jim was the right coach for me and that he would help me develop as a hockey player and move to the next level. Jim is very passionate about the game, and cares about every young player that he works with. His experience from the hockey at the professional level made him a very knowledgeable coach. I have learned a lot from Jim both on and off the ice. He is a very hard working person that is dedicated in helping players to improve their hockey ability. I am very grateful to Jim for helping me become the hockey player that I am today. **Stanislav Dzakhov**

I worked with Jim during a summer camp in Ontario. At the time I just signed an agreement with a university team. I enjoyed working with Jim because he wanted us, the group that he was training, to respect him as a coach, but also to respect each other as individuals. On the ice, he emphasized the quality of the work he asked us to do, in a way that I could perfect my game and movements. Another part of his training is about learning and practicing the different systems that are used in today's game. After I finished my university hockey, I signed a pro contract and my team and I won the championship. During this season, I applied Jim's work ethic to my daily practices and it had a huge impact on my evolution as a professional hockey player. I feel lucky to have worked with him, and I highly recommend to young players who are seeking for perfecting their knowledge and skills to work with him. He knows how to work and develop players in an efficient manner. **Adrien Hervillard**

My name is Garrett Nystedt and currently I'm the Captain of IFK Ore in Sweden Div2. I worked with Coach Jim in the summer of 2012 and he has been the most influential coach to date. He held me accountable for on ice and off ice trainings. To be successful at any high level of hockey, being accountable is very key. He also helped push me to get better and would correct me if I was wrong. I found he was very approachable if I had any questions or if I needed any tips and advice. In conclusion I would like to thank Coach Jim for helping me become the hockey player I have become today. **Garrett Nystedt**

Для предъявления по месту требования.

Меня зовут Станислав Дзахов и я являюсь игроком хоккейной команды Niagara University выступающей в первом дивизионе университетской лиги США.

Я хотел бы поблагодарить Джима Алдреда за все, что он для меня сделал, и за всю ту помощь которую он мне оказал за мое время работы с ним.

Я познакомился с Джимом, когда впервые приехал в Канаду, чтобы играть за Shelburne Red Wings в лиге GMHL. Джим был главный тренер Красных Крыльев. С первых же дней моего нахождения в новой команде, я понял, что Джим подходящий для меня тренер, и что он поможет мне проявить себя и подготовит для игры на более высоком уровне.

Джим очень увлечен хоккеем, и заботится о судьбе каждого игрока, с кем ему когда-либо приходилось работать. Он обладает огромным хоккейным опытом так как, сам в прошлом являлся профессиональным хоккеистом. Я многому научился у Джима, как на льду, так и вне льда. Он очень трудолюбивый человек, который полностью посвящен хоккею и делает все чтобы помочь игрокам улучшить свою игру.

Станислав Дзахов.

